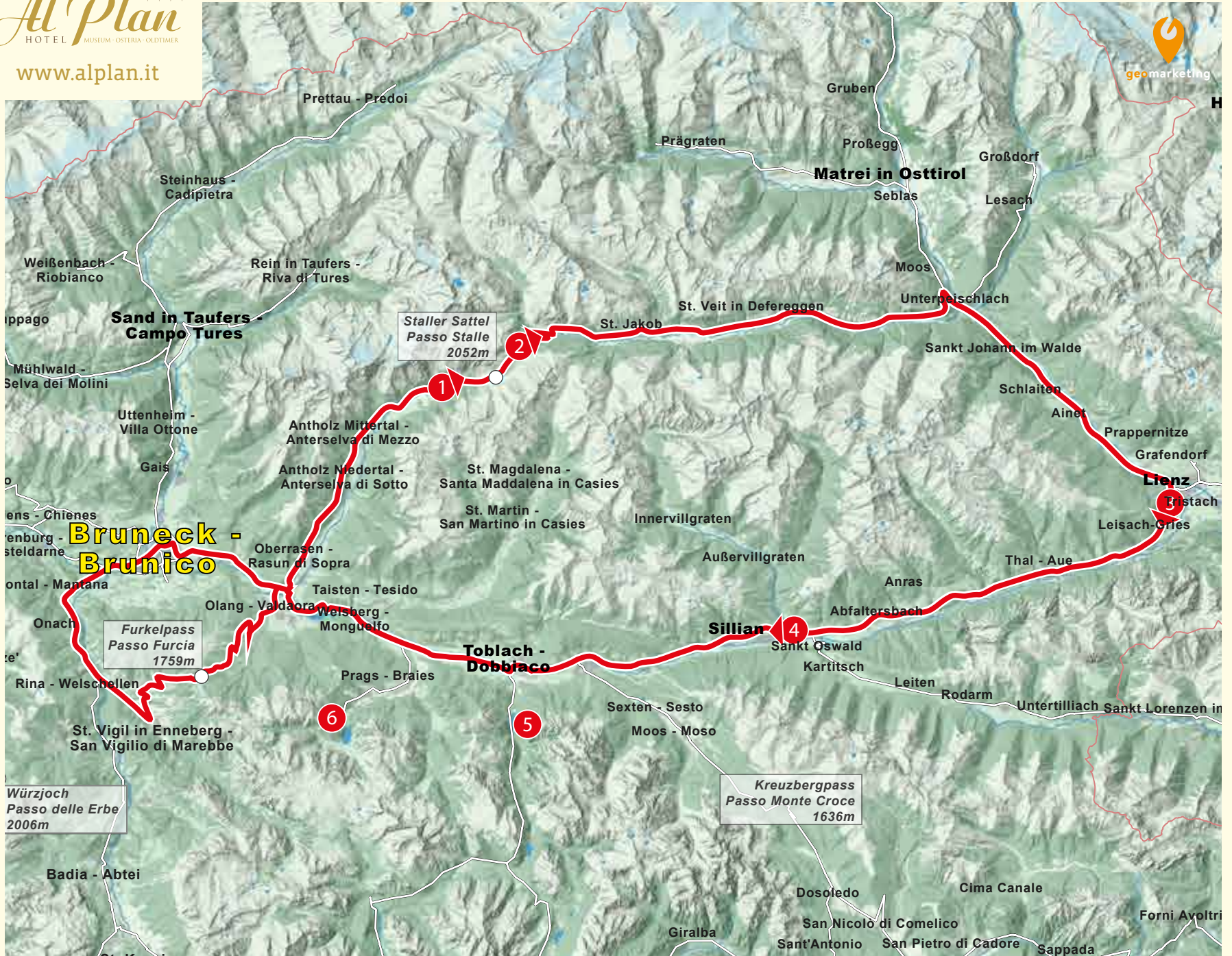




1. STALLERSATTEL-RUNDE | GIRO PASSO STALLE

Al Plan ****
HOTEL MUSEUM - OSTERIA - OLDTIMER

www.alplan.it

Streckenlänge/Lunghezza:

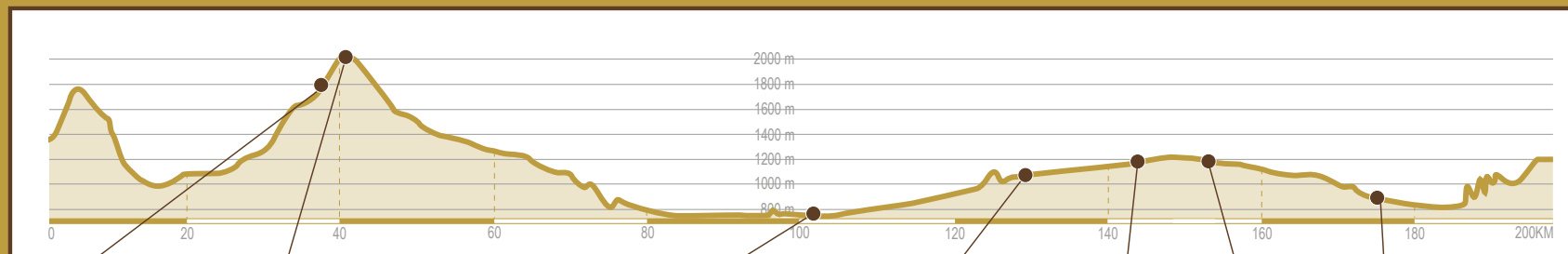
180 km

Zeit/Tempo:

3h

Strecke: Hotel Al Plan St.Vigil, Furkelpass, Olang, Antholz, Antholzer See (Ampelregelung - Auffahrt von min. 30 - 45 jeder Stunde), Staller Sattel, Huben, Lienz, Strassen, Sillian (günstig volltanken), Innichen, Toblach, Bruneck, Hotel Al Plan.

Percorso: Hotel Al Plan San Vigilio, Passo Furcia, Valdaora, Valle di Anterselva, Lago di Anterselva (semaforo senso unico, orario di alternanza ogni 1/2 ora, dai minuti 30 ai 45 in salita), Passo Stalle, malghe Austriache, Lienz, Strassen, Sillian (rifornimento economico) San Candido, Dobbiaco, Brunico, Hotel Al Plan.



2. WÜRZJOCH-RUNDE | GIRO PASSO DELLE ERBE

Streckenlänge/Lunghezza:

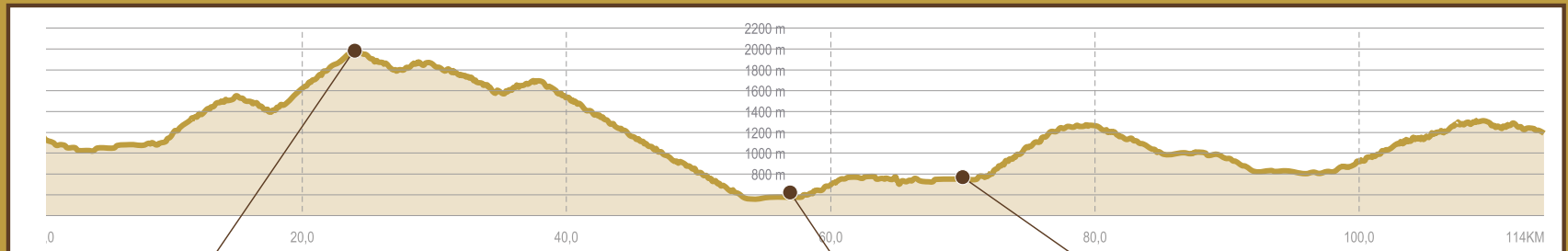
114 km

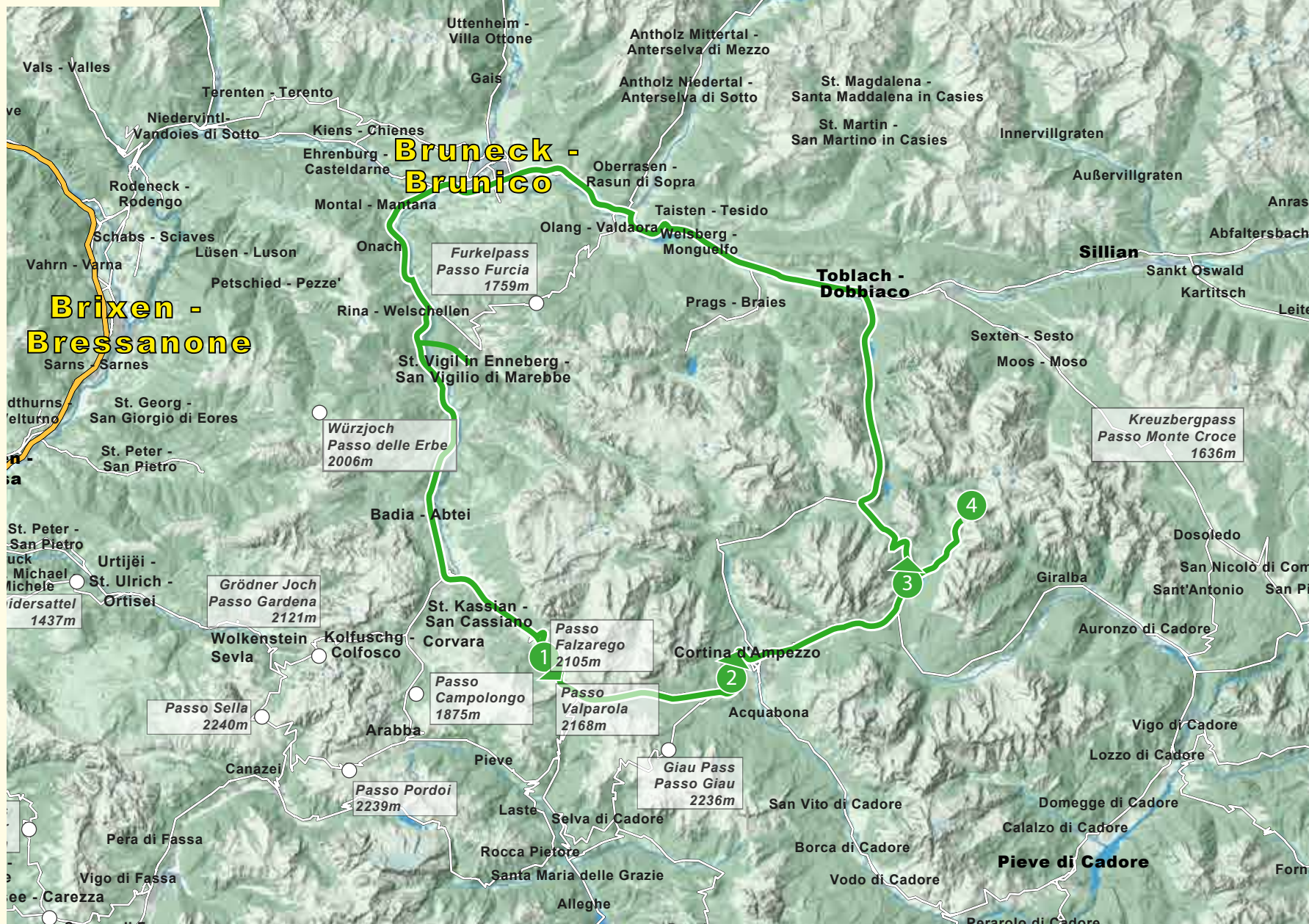
Zeit/Tempo:

2h

Strecke: Hotel Al Plan St.Vigil, Zwischenwasser, St.Martin in Thurn, Würzjoch, Brixen, Neustift, Mühlbach, Vintl, Sonnenstraße Terenten, Pfalzen, Bruneck, St.Lorenzen, Maria Saalen, Enneberg, Hotel Al Plan St.Vigil

Percorso: Hotel Al Plan San Vigilio, Longega, San Martino in Badia, Passo delle Erbe, Bressanone, Novacella, Rio di Pusteria, Vandoies di Sotto, Strada del Sole, Terento, Falzes, Brunico, San Lorenzo di Sebato, Sares, Pieve di Marebbe, Hotel al Plan.





3. DREI ZINNEN TOUR | ALLE TRE CIME DI LAVAREDO

Streckenlänge/Lunghezza:

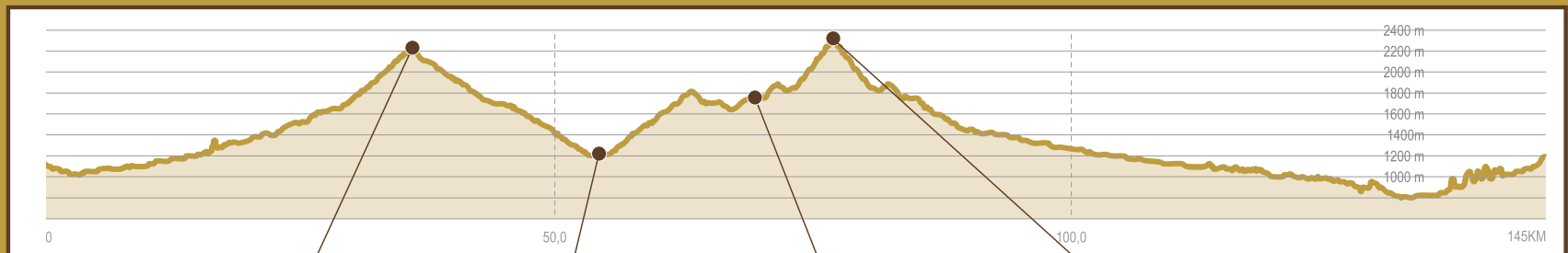
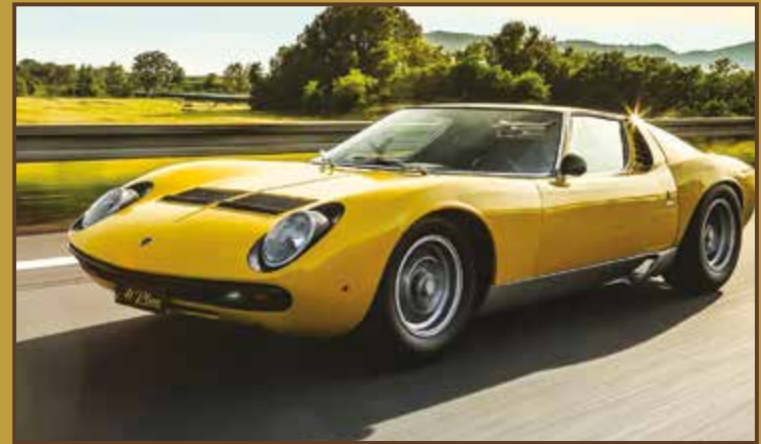
145 km

Zeit/Tempo:

2,5 - 3 h

Strecke: Hotel Al Plan St.Vigil, Zwischenwasser, Stern, St.Kassian, Valparola-Pass, Falzarego-Pass, Cortina d'Ampezzo, Kreuzbergpass, Misurinasee, Drei Zinnen, Toblach, Bruneck, Hotel Al Plan.

Percorso: Hotel Al Plan San Vigilio, Longega, La Vila, San Cassiano, Passo Valparola, Passo Falzarego, Cortina d'Ampezzo, Passo Tre Croci, Lago di Misurina, Tre Cime di Lavaredo, Dobbiaco, Brunico, Hotel Al Plan.





4. IN DIE LANDESHAUPTSTADT | ALLA CAPITALE DELL'ALTO ADIGE

Streckenlänge/Lunghezza:

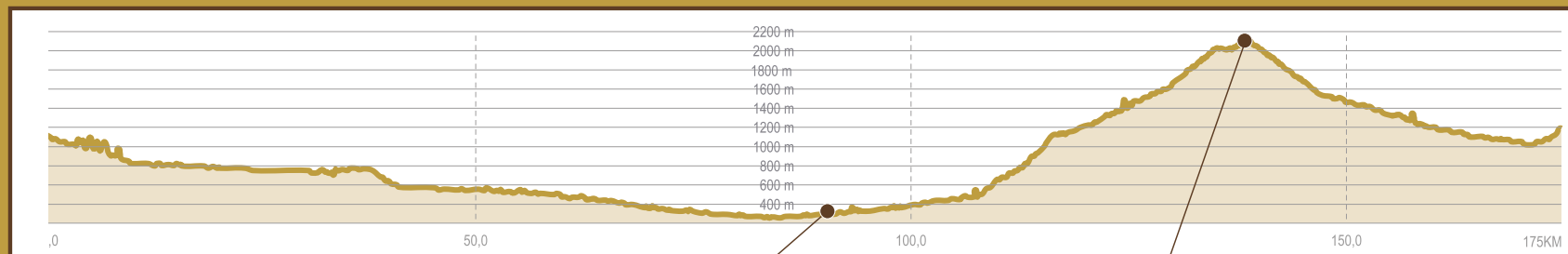
175 km

Zeit/Tempo:

3,5h

Strecke: Hotel Al Plan St.Vigil, Zwischenwasser, St.Lorenzen, Brixen, Klausen, Bozen mit Walterplatz, Waidbruck, St.Ulrich, Wolkenstein, Grödner Joch, Corvara, Zwischenwasser, Hotel Al Plan.

Percorso: Hotel Al Plan San Vigilio, Longega, San Lorenzo, Bressanone, Chiusa, Bolzano con parcheggio Piazza Walter, rientro per Ponte Gardena, Ortisei, Selva, Passo Gardena, Corvara, Longega, Hotel Al Plan.



Bozen | Bolzano

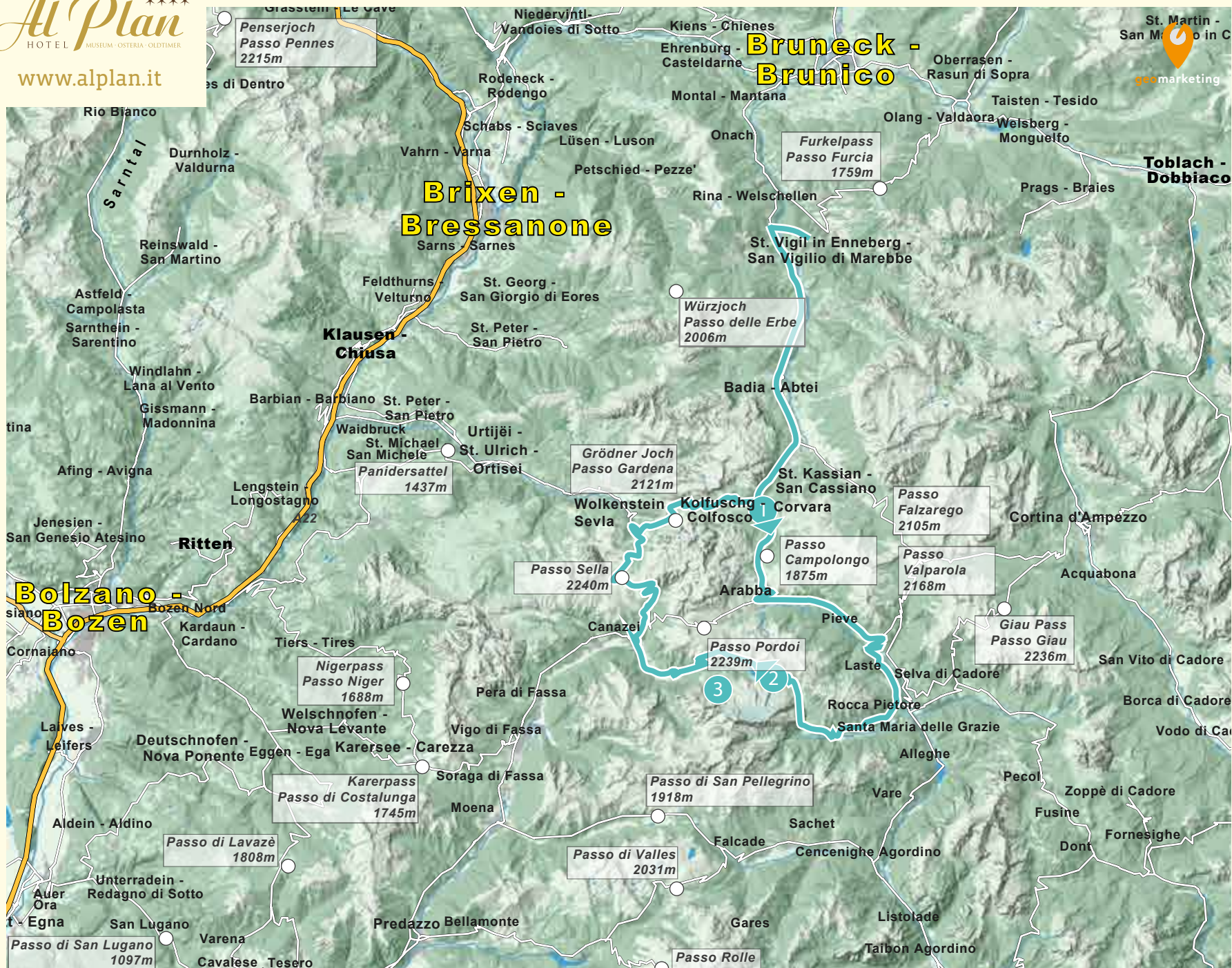


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Grödner Joch | Passo Gardena



5. DOLOMITENRUNDE | GIRO DELLE DOLOMITI

Streckenlänge/Lunghezza:

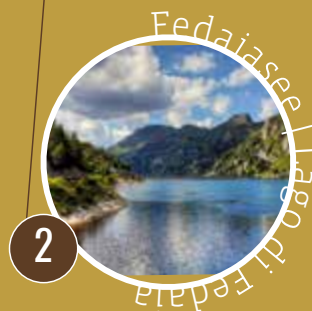
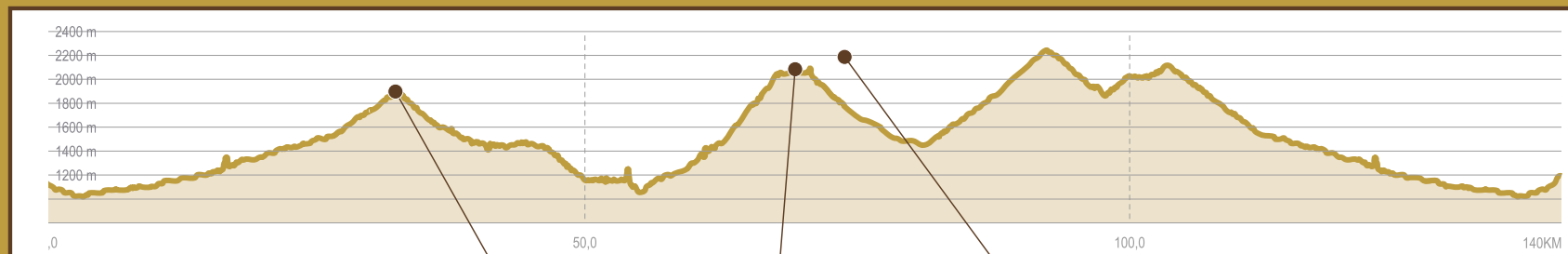
140 km

Zeit/Tempo:

3,5h

Strecke: Hotel Al Plan St.Vigil, Zwischenwasser, Corvara, Campolongo-Pass, Arabba, Marmolada - Fedaiasee, Pordoi-Pass, Canazei, Grödnertal, Corvara, Zwischenwasser, Hotel Al Plan.

Percorso: Hotel Al Plan San Vigilio, Longega, Corvara, Passo Campolongo, Arabba, Marmolada, Lago di Fedai, Passo Pordoi, Canazei, Passo Gardena, Corvara, Longega, Hotel Al Plan.



6. IN DIE KURSTADT MERAN | A MERANO, CITTÀ DI CURA

Streckenlänge/Lunghezza:

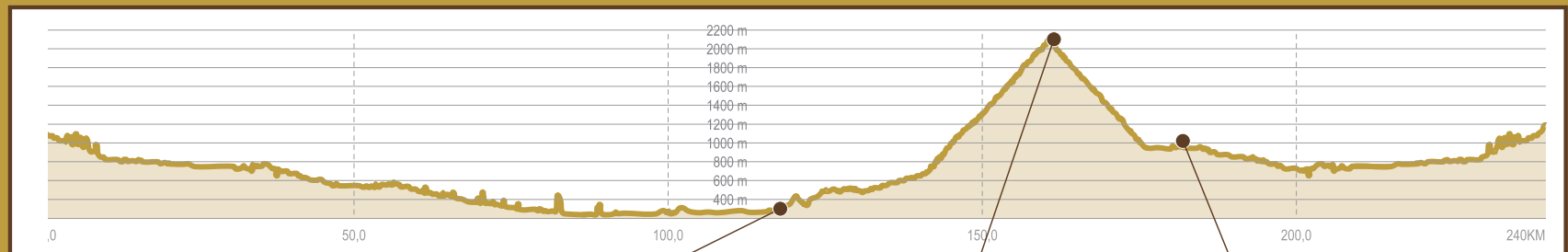
240 km

Zeit/Tempo:

4,5 h

Strecke: Hotel Al Plan St.Vigil, Zwischenwasser, Brixen, Bozen, Meran, Passeiertal, Jaufenpass, Sterzing, Brixen, Hotel Al Plan.

Percorso: Hotel Al Plan, Longega, Bressanone, A22 per Bolzano fino a Bolzano sud, Strada del vino fino a Merano, San Leonardo in Passiria, Passo Giovo, Vipiteno, Bressanone, Hotel Al Plan.



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8. TAUFERER AHRNTAL | VALLE AURINA

Streckenlänge/Lunghezza:

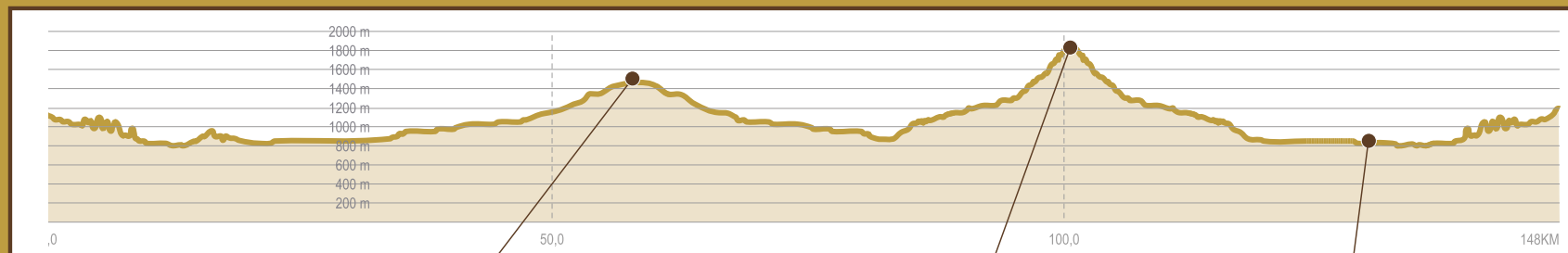
148 km

Zeit/Tempo:

2,5 h

Strecke: Hotel Al Plan St.Vigil, Bruneck, Sand in Taufers, Prettau, zurück nach Mühlen in Taufers, Lappach, Neves Stausee, Dietenheim, Hotel Al Plan.

Percorso: Hotel Al Plan, Brunico, Valle Aurina, Campo Tures, Predoi, ritorno a Mulini di Tures, Lappago, Lago di Neves, Teodone, Hotel Al Plan.



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